

NEWSLETTER

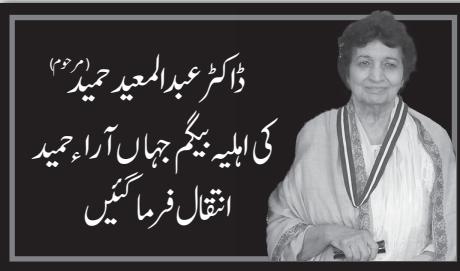
Schwabe Pakistan

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نیوز لیٹر شوابے پاکستان

شوابے نیوز لیٹر 2022ء کی دوسری سہ ماہی بابت اپریل - جون آپ کی خدمت میں پیش ہے۔ اس شمارے میں ہومیو پیچھکے سلسلہ ریڈیڈی ایکوناٹ پر ایک مضمون جسے امریکن ایلوئی ایشن آف ہومیو پیچھکے فارماست نے شائع کیا تھا اور باخیر کیمک اد دویات ایک مضمون شامل کیا گیا ہے، امید ہے آپ کو یہ مضامین ضرور پسند آئیں گے۔ اپنی تجاذبیز سے ہمیں ضرور آگاہ رہیں۔ اللہ تعالیٰ ہم سب کا حامی و ناصر ہو۔ آمين!

حروفِ اول



ڈاکٹر جمید جزل ہومیو کے بانی ڈاکٹر عبدالمعید جمید مرحوم (تمغہ امتیاز) کی اہلیہ بیگم جہاں آراء جمید 11 مئی 2022 کو اپنے خالق حقیقی سے جا میں، مرحومہ کی عمر 89 برس تھی۔

مرحومہ کے انتقال پر پاکستان بھر سے ہومیو پیچھی اور دیگر شعبوں سے وابستہ افراد نے کثیر تعداد میں شرکت کی اور پاکستان بھر کے تمام ہومیو پیچھکے اداروں اور تنظیموں کی جانب سے تحریقی پیغامات ارسال کئے گئے اسکے علاوہ ڈاکٹر و ملار شوابے جمنی کے ڈائریکٹر انٹرنیشنل مارکیٹ، میکسی ملن کا لکبریز نے ڈاکٹر جمید جزل ہومیو (پرائیوریٹ) لمیڈر کے CEO ڈاکٹر انعام الحق سے مرحومہ کے انتقال پر تعریف کیا اعلان کیا۔



شوابے سیمینار اور ایونٹس کا آغاز

شوابے سیمینار اور ایونٹس کا آغاز ملک بھر میں بہت جلد ہونے جا رہا ہے !!

ٹوپی انتظار کے بعد ڈاکٹر ولما ر شوابے جمنی نے شوابے سیمینار اور ایونٹس کے انعقاد کا فیصلہ کیا ہے، جوکہ پاکستان بھر میں ماہ اگسٹ سے منعقد کئے جائیں گے۔ یاد رہے کہ ان تقاریب کا سلسلہ Covid-19 کی وجہ سے موقوف کر دیا گی تھا اور 2020 اور 21 میں یہ تقاریب منعقد نہیں ہو پائی تھیں۔

Seminars Events

An Evening with SCHWABE

Schwabe Seminar 2022

Single Remedies



Pentarkan



Bioplasgen



Specialties

Biochemic



Biochemic Remedy



A German physician named Dr. Schuessler developed the Biochemic Therapy, based on the discovery that a standard amount of organic and inorganic constituents defines the natural activity, structure, and vitality of the cell. Therefore, also known as Tissue remedies or Schussler's tissue salt remedies. The biochemic medicines is a system of medicine that evolved in 1873. Dr. Schussler was a renowned homeopath who propounded this theory.

The organic components include sugars, proteins, fats. Whereas the inorganic constituents are potassium, calcium, silica, iron, magnesium, and sodium. The Biochemic medicines deal with these mineral salts. These constituents, whether organic or inorganic, ensure normal operations of the cell-like secretion, synthesis, reproduction, metabolism, and destruction of the dead cells. Imbalance or insufficiency in the inorganic salts leads to a succession of pathological processes. These biochemic tissue salts act as the primary raw material for the activities of the cells. The therapy consisted of counterbalancing the deficiency of these inorganic tissue salts with their medicinal counterparts. According to Dr. Schuessler, any fluctuation, especially an insufficiency in the reasonable amount of tissue salts, may be the cause of a disease.

Do the Biochemic medicines compensate for the deficiency through the substitution then? The Biochemic medicines do not necessarily offset the lack through replacement, but it helps to maintain the inner balance. It helps in the release of a stimulus to release the information, which will help the cells to reabsorb the essential inorganic salts from the food. What ought to be done if there should be an occurrence of insufficiency of these biochemic salts? The deficit of the mineral salts can be supplied by administering the Biochemic medicines to get rid of the symptoms due to the lack. Therefore, balancing the equilibrium of the

body to restore the normal functioning of the cell. The Biochemic medicines are inorganic tissue salts. There are a total of 12 biochemic tissue salts with each tissue salt having its individual properties. Sometimes, in case of

BB The Biochemic medicines are inorganic tissue salts. There are a total of 12 biochemic tissue salts with each tissue salt having its individual properties. **GG**

a more complex pathology, more than one salt has may be supplied. To serve as a healing agent, a low potency 1x, 2x, 6x, 12x, 30x are the commonly used potency or strength. The dosage of these biochemic tissue salts is fixed according to your condition. The physician may advise taking five tablets of the salt 3-4 times per day.



What is the difference between Homeopathy and the Tissue Salts?

Aforementioned, biochemic medicines are inorganic salts that act as constitutive elements for cell function. These biochemic medicines may be compared to the vitamins. Just like deficiency of specific vitamins will cause symptoms similar to the lack of these tissue salts to cause pathology and appearance of particular symptoms. Thus, supplying the right tissue salt will take care of the symptoms. It is necessary to mention; the homeopathic biochemic medicines act on the physiological level. Whereas, Homeopathy acts on an energy level and stimulates the body to heal itself. So homeopathic medicines themselves do not replenish anything but induces the body to take care of itself. In a nutshell, the homeopathic remedies give a boost to the raw materials to do the job.

What are the 12 homeopathic biochemic medicines? Following list includes the twelve essential salts

1. Calcarea fluor (Calcium fluoride)
2. Calcium phosphorica (Calcium phosphate)
3. Calcium sulphate
4. Ferrum phosphorica (Iron phosphate)
5. Kali muriaticum (Potassium chloride)
6. Kali phosphorica (Potassium phosphate)
7. Kali sulphurica (Potassium sulphate)
8. Magnesia Phosphorica (Magnesium phosphate)
9. Natrum muriaticum (Sodium chloride)
10. Natrum sulphuricum (Glauber's salt - Sodium sulphate)
11. Natrum phosphoricum (Sodium phosphate)
12. Silicea.



Aconite

A Clinical Snapshot

Aconitum napellus or Aconite is a commonly used homeopathic medicine for acute conditions. Also traditionally used as a poison for hunting, this herb is considerably toxic and must be handled with care. Common names include monkshood, wolf's bane, and leopard's bane (note that some of the same monikers are used for Arnica montana). The herbaceous plant typically grows in mountain meadows and is recognized by the blue-purple flowers with the characteristic hood.

Aconite species are highly toxic to humans with cardiac arrhythmias, gastrointestinal symptoms, and neuromuscular dysfunction leading to asphyxia as the primary cause of death in cases of ingestion.

This herb has been in use as a homeopathic medicine since the first proving by Dr. Samuel Hahnemann and was noted in his *Materia Medica Pura* to have been used by a number of experts as a traditional herbal therapeutic. Strong symptoms from the proving of Aconitum napellus include:

- ✓ Easily startled
- ✓ Tremendous anxiety
- ✓ Fear of impending death
- ✓ Vertigo
- ✓ Sudden loss of memory
- ✓ Headache in fits with jerking pains
- ✓ Immediate dilation of pupils and photophobia
- ✓ Stitching pains in many parts of the body
- ✓ Vomiting suddenly
- ✓ Anxious urging to urinate
- ✓ Heaviness in the chest
- ✓ Palpitations with tremendous anxiety
- ✓ Weakness and loss of power of the extremities
- ✓ Trembling
- ✓ Sleeplessness and anxiety
- ✓ Severe chilliness throughout the body with shivering
- ✓ Fever with cold feeling and light perspiration

This picture developed by Hahnemann is remarkably complete, demonstrating the ability of provings along with toxicology to provide an accurate and reliable picture for the usefulness of a homeopathic medicine.

In practice today, Aconitum napellus is primarily used for acute medical presentations including sudden high fever with chills, fever associated with stitching pains, fever or chill associated with restlessness and anxiety, and particularly with fevers that start around midnight. You can almost imagine an anxious screaming child with a sudden stitching pain in the ear and fever of 103 F in the middle of the night. Such a case is typically of sudden onset and often leads to a frantic call to the doctor in the middle of the night. Many of these cases will respond very rapidly to a dose of Aconitum napellus.

Though used in acute cases more than 90 percent of the time, Aconitum can also be used in chronic cases. One case that comes to mind is that of a 55-year-old man with recurrent panic attacks and anxiety. These panic attacks occurred on a nearly daily basis and were not associated with any particular triggers. The man was consumed by a sudden anxiety, restlessness, and fear that he would die. On further questioning, the problem had been going on for many years without a clear cause. He recalled that when he was younger while pole vaulting, he missed the landing pad and fell onto his back on the ground. He could not breathe from the fall and felt as though he had died. After about a minute, he awoke and went into a panic reaction at that time. He said, "Doc, I really thought I was dead." On further investigation, he could not recall ever having a panic reaction prior to that event. Aconitum napellus was prescribed in a single dose of 1M. The panic attacks resolved completely within one month of taking the dose.

Whenever Aconite is called for in clinical practice for an acute fever or similar condition, I expect to see a rapid resolution of the symptoms within minutes to one hour. If there is no change within that timeframe, the likelihood diminishes that Aconite is the correct remedy. The primary clinical picture used to prescribe Aconite includes restlessness, fever, chilliness (especially coldness that does



not improve), anxiety, stitching pains, vertigo, and sleeplessness. It has been described for conditions that come from exposure to cold wind, though I have not seen that very frequently except with ear infections. Many of these patients are very sensitive to draft, though.

Conditions that might respond to Aconitum napellus if the classic clinical features are present include:

- ✓ Viral syndromes
- ✓ Otitis media
- ✓ Upper respiratory infections
- ✓ Croup
- ✓ Acute gastroenteritis
- ✓ Toothache
- ✓ Migraine headache
- ✓ Vertigo
- ✓ Anxiety disorder with panic features
- ✓ Neuralgic pains like trigeminal neuralgia
- ✓ Kidney stones

Oftentimes, Aconitum napellus is used acutely with good results, but will have little or no effect on any chronic issues for the patient. The key to remember with this medicine is the suddenness of the onset of disease. Though the disease may come on rapidly, if Aconite is indicated and used, the disorder will likewise abate rapidly. Other medicines which share features with Aconitum napellus include Nux vomica, Belladonna, Chamomilla, Arnica montana, Argentum nitricum, and Arsenicum album.



HOMEO ONLINE

SEASON 2

شوابے 2 Homoeo Online Season-2 کے 3 پروگرام اس سہ ماہی میں یوٹیوب چینل اور فیس بک چینج پر پیش کئے گئے۔

پہلا پروگرام 29 اپریل کو پیش کیا گیا جس میں ہومیوڈاکٹر میرزا ہد نے ہومیوپتیچی کا دائرہ کار کے موضوع پر آگاہی دی

دوسرا پروگرام 27 مئی کو پیش کیا گیا جس میں ہومیوڈاکٹر الیخ بخش نے ناکافی نیند کے مضر اثرات کے موضوع پر گفتگو کی

تیسرا پروگرام 24 جون کو ایلوپتیچی اور ہومیوپتیچی میں فرق کے عنوان سے ہومیوڈاکٹر میرزا ہد نے پیش کیا

Homoeo Online Season-2 کی میزبانی کے فرائض ہومیوڈاکٹر علی امام انجام دے رہے ہیں۔



Social Media Activities

The collage includes the following posts:

- Heat Stroke:** A post with a diagram titled "HEAT STROKE IS THE MOST SERIOUS HEAT RELATED ILLNESS. IT OCCURS WHEN THE BODY BECOMES UNABLE TO COOL DOWN. THE TEMPERATURE RISES RAPIDLY, THE COOLING MECHANISM FAILS, AND THE BODY IS UNABLE TO COOL DOWN."
- WORLD ENVIRONMENT DAY:** A post featuring a small plant growing in soil.
- WORLD HOMOEOPATHY DAY:** A post featuring a portrait of Samuel Hahnemann.
- WORLD MALARIA DAY:** A post featuring a mosquito and the text "STOP MALARIA! A LITTLE EFFORT COULD MAKE A DIFFERENCE."
- WORLD TEA DAY:** A post featuring a cup of tea.
- WORLD HYPERENSION DAY:** A post featuring a heart icon.
- DISEASE MONTH:** A post featuring a calendar for May.
- WORLD TEA DAY:** Another post featuring a cup of tea.
- WORLD TEA DAY:** A third post featuring a cup of tea.
- WORLD TEA DAY:** A fourth post featuring a cup of tea.
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- WORLD TEA DAY:** A ninety-nine post featuring a cup of tea.
- WORLD TEA DAY:** A one-hundred-post featuring a cup of tea.

اس نیوزیٹر کے متعلق اپنی رائے/شورے سے آگاہ کرنے کے لیے شوابے پاکستان کے فیس بک چینج پر Inbox کیجئے۔

یا contact@repcom.com.pk پر ای میل کریں۔